



FOR THE DOUGH			COSTING (in ₹)		NO. OF PORTIONS: 1
<u>INGREDIENTS</u>	QUAI	<u>YTITY</u>	WHOLESALE	<u>M.R.P.</u>	<u>ELEMENTS</u>
	In grams	In Cups			
Flour	220 g	1 + 1/2	5.94	8.8	
		cup			Dough
Salt	4 g	1/2 + 1/4	1	1	
		tsp			
Yeast	4 g	1 + 1/8	1.4	1.4	
		tsp			
Improver	2 g	1 tsp	1.5	1.5	
Gluten	3 g	1 tsp	4	4	
Milk Powder	15 g	1 tbsp	5.85	6.42	Filling
Water	70-75 g	1/3 cup	1.5	1.5	
Milk	50 g	3 tbsp	2.9	3.1	0.1
Olive Oil	20 g	1+1/2	7	12.2	
		tbsp	AVINI	2PUA	U L
<u>TOTAL</u>			₹ 32.09	39.92	<u>INSTRUCTIONS</u>
DBTWID					Tuck the ends of the

METHOD

- 1. Pre-heat the oven at 200°C (OTG mode: upper rod + lower rod + fan).
- 2. In a bowl, take all the dry ingredients and add milk and water to form a dough. Add olive oil after the gluten has formed and knead again to make a soft dough.
- **3.** Keep it for first fermentation for 30 minutes.
- **4.** Now take out the dough, transfer it on the counter and degas it. Roll it in the shape of a rectangle and spread the fillings on it leaving some gap from the edges and then lengthwise roll it into a log shape sealing the edges with your fingers.
- **5.** Now milk wash the top side and make a 1/2 cm deep cut lengthwise, leaving just the edges.

Tuck the ends of the dough while shaping tightly so that it does not open later.

OVEN TEMPERATURES

OTG

200°C (upper rod + lower rod)

DECK OVEN

Upper temperature – 200°C Lower temperature – 200°C UNOX



6. Keeping the cut side up, form an "S" shape. Tuck both ends under the center of the "S" to form a "8" and pinch the ends together to seal.

160°C, Fan speed – 1, Humidity – 0

- **7.** Keep it for final proofing for about 20-30 minutes or till it doubles up.
- **8.** Bake it in a preheated oven for about 30 minutes or until golden brown in color.

FOR THE FILLING		COSTING (in ₹)		NO. OF PORTIONS: 1
<u>INGREDIENTS</u>	QUANTITY	WHOLESALE	<u>M.R.P.</u>	
Tomato	15 g	0.85	0.9	
Jalapenos	12 g	6	6	
Black Olives	8 g	1.4	2.5	
Basil	5 g	11	11	
Cheddar	20 g	6.6	10	
<u>TOTAL</u>		25.85	30.4	<u>INSTRUCTIONS</u>

METHOD

- 1. Chop all the vegetables.
- 2. Grate the cheese and keep aside.

COST PER PORTION (in ₹)						
<u>ELEMENTS</u>	WHOLESALE	<u>M.R.P.</u>				
Bread dough	32.09	39.92				
Filling	25.85	30.4				
TOTAL	₹ 57.94	₹ 70.32				

<u>NOTE</u>					
Shelf life of	Room temperature	<u>Freezer</u>			
Bread dough	-	1 month			
Baked bread	3 days	-			